

## Parent Handout-Sorting

**Materials:** For each exercise it is recommended to have a tray, identical containers for each set of objects, and a larger container where the objects are mixed

A blindfold

### Objects for level 1:

Sets of familiar objects that fit in the child's hand and can be distinguished by feeling, such as sets of buttons, shells, nuts and bolts, tree nuts, etc. At first, have only two sets and only two or three objects in each set. Gradually add more sets and more of each object in the set.

### Objects for level 2:

Sets of medium size grains that are still visible as the child holds each between thumb and index finger, such as beans, corn, and other seeds of this size. Have three to five sets with five to ten objects in each set; start with less and add more for greater challenge. Have only one exercise at this level on the shelf at a time.

### Objects for level 3: Discrimination of Grains

Small grains or seeds the size of small rice or wheat where the grain disappears between the child's thumb and index fingertip. There should be 4 or 5 kinds and about 5 of each. One of these exercises is put out at a time.

**Purposes:** Development of the stereognostic sense which is both tactile and muscular

### **Notes:**

#### **I. Level 1**

1. Bring the tray and blindfolds to a table or rug.
2. Place the tray in front of the child and introduce the exercise.  
Tell him what the objects are and that you are going to sort them.
3. Put the blindfold on.
4. Place left hand on the center dish and the right hand between the dishes where you are sorting.
5. Take one object from the center plate. Feel it and tell him "The one that feels like this I'm going to put it here".
6. Select another object and repeat (place it in another container).
7. Continue until the dish is empty.
8. Take off the blindfold, take a look to both dishes; and express that you sorted them all.
9. Mix them again.
10. Invite the child to work.
11. Fade and observe.

## **II. Level 1**

- a. Same process as level 1. Use smaller objects that fit into the fingers.

## **III. Level 3**

- a. Same process as level 2. Use even smaller objects (minute differences) so that they disappear between the fingers.